

# Colwich Kitchen Summer 2024 Menu

## Week 1 :

## Week 2:

## Week 3:

Monday

**Pork Meatballs with pasta**  
In tasty rich tomato sauce served with pasta. Served with peas

For dessert....

**Quorn chilli with Rice**  
Served with peas  
**Jacket Potato with Cheese**  
(vegan cheese available)

**Chocolate & Vanilla marble cake**

**Chicken Noodles**  
Served with Peas

For dessert....

**Cheese and Bean wrap**  
Served with Peas

**Apple Cake**

**Jacket Potato with Cheese**

**Macaroni cheese with garlic bread**  
Served with Mixed Veg

For dessert....

**Tomato and Veg Pasta**  
Served with mixed veg

**Chocolate, Oat and Fruit cookies**

**Jacket Potato with Cheese**

Tuesday

**Creamy Chicken Curry**  
Served with rice and sweetcorn

For dessert....

**Tomato & Vegetable Pasta**  
Served with sweetcorn  
**Jacket Potato with Cheese OR Cheese sandwich**  
(vegan cheese available)

**Apple Flapjack**

**Pasta Bolognese**  
Served with mixed vegetables

For dessert....

**Quorn & Vegetable rice**  
Served with mixed vegetables

**Shortbread with raisins**

**Jacket Potato with Tuna OR Ham sandwich**  
(vegan cheese available)

**Savoury mince tacos**  
Served with sweetcorn

For dessert....

**Sweet potato curry with rice**  
served with sweetcorn  
**Jacket Potato with Cheese**

**Vanilla Iced Sponge**

**OR Cheese sandwich** (vegan cheese available)

Wednesday

**Sausage roll with garlic potatoes** Served with baked beans or peas

For dessert....

**Vegetarian Sausage roll with garlic potatoes** Served with baked beans or peas

**Blueberry muffin**

**Jacket Potato with beans OR Ham sandwich**

**Pepperoni Pizza with Garlic potatoes**  
Served with baked beans or sweetcorn

For dessert....

**Cheese and Tomato Pizza with Garlic potatoes**  
Served with baked beans or sweetcorn

**Chocolate Iced Banana cake**

**Jacket potato with Beans**

**Chicken nuggets with wedges**  
Served with Peas or Baked Beans

For dessert....

**Vegetable fingers with wedges**  
Served with Peas or Baked Beans

**Blueberry muffins**

**Jacket Potato with Beans OR ham sandwich**

Thursday

**Shepherds Pie with gravy**  
Served with carrots

For dessert....

**Cheese and Potato Pie**  
Served with carrots

**Chocolate crunch cookies with mint custard**

**Jacket Potato with Tuna**

**Pork Sausage with Mashed potato and gravy**  
Served with carrots

For dessert....

**Quorn Sausage with Mashed potato and gravy**  
Served with carrots

**Sultana sponge with custard**

**Jacket Potato with Cheese OR Cheese sandwich**

**Chicken Fillet with roast potatoes and gravy**  
Served with Carrots

For dessert....

**Quorn pieces with roast potatoes and gravy** Served with Carrots

**Apple and Peach Crumble with Custard**

**Jacket Potato with Tuna**

Friday

**Fish Fingers & Chips**  
Served with peas

For dessert....

**Vegetable Fingers (Vegan)**  
Served with chips, peas

**Jelly with fruit**

**Jacket Potato with Cheese**  
(vegan cheese available)

**Fishcake and chips**  
Served with peas

For dessert....

**Vegetable fingers**  
Served with chips, peas  
**Jacket Potato with Cheese**  
(vegan cheese available)

**Pancakes with Syrup**

**Mini Fish with Chips**  
Served with peas

For dessert....

**Cheese and Beans wrap with Chips**  
Served with peas

**Ice cream roll**

**Jacket Potato with Cheese**  
(vegan cheese available)

## SERVED DAILY

- \* Fresh Fruit Platter
- \* Fresh Salad
- Bowls
- \* Bread
- \* Yoghurt
- \* Fresh Milk, Cool Water and Squash

**Main Meal + Dessert = Just £2.95 per day, payable on ParentPay**

**All children in Reception, Year 1 and Year 2 receive a school meal free of charge! Just book in at Registration time! It's that easy!**

# Colwich Kitchen Summer 2024 Menu Allergens

## Week 1 :

Monday

### Pork Meatballs with pasta

Cereals containing gluten, wheat, soya, sulphur dioxide

### Quorn chilli with Rice

Eggs

### Jacket Potato with Cheese

Milk

For

dessert....

**Chocolate & Vanilla marble cake**

Cereals containing gluten, wheat, eggs

## Week 2:

For dessert.

**Apple Cake**

Cereals containing gluten, wheat, eggs

### Chicken Noodles

Cereals containing gluten, wheat

### Cheese and Bean wrap

Cereals containing gluten, wheat, milk

### Jacket Potato with Cheese

milk

### Pasta Bolognese

Cereals containing gluten, wheat

### Quorn & Vegetable rice

Eggs

### Jacket Potato with Tuna OR Ham sandwich

Fish / Cereals containing gluten, wheat

For

dessert....

**Shortbread with raisins**

Cereals containing gluten, wheat

### Pepperoni Pizza with Garlic potatoes

Cereals containing gluten, wheat, milk

### Cheese and Tomato Pizza with Garlic potatoes

Cereals containing gluten, wheat, milk

### Jacket potato with Beans

For

dessert....

**Chocolate Iced Banana cake**

Cereals containing gluten, wheat

### Pork Sausage with Mashed potato and gravy

Cereals containing gluten, wheat, soya, sulphur dioxide

### Quorn Sausage with Mashed potato and gravy

Cereals containing gluten, wheat

### Jacket Potato with Cheese OR Cheese sandwich

milk

For dessert....

**Sultana sponge with custard**

Cereals containing gluten, wheat, eggs, milk

### Fishcake and chips

Cereals containing gluten, wheat, fish

### Vegetable fingers

Cereals containing gluten, wheat

### Jacket Potato with Cheese

milk

For

dessert....

**Pancakes with Syrup**

Cereals containing gluten, wheat, eggs, milk

## Week 3:

### Macaroni cheese with garlic bread

Cereals containing gluten, wheat, milk

### Tomato and Veg Pasta

Cereals containing gluten, wheat

### Jacket Potato with Cheese

milk

For

dessert....

**Chocolate, Oat and Fruit cookies**

Cereals containing gluten, wheat

### Savoury mince tacos

### Sweet potato curry with rice

### Jacket Potato with Cheese

OR Cheese sandwich Cereals containing gluten, wheat, milk

For

dessert....

**Vanilla Iced Sponge**

Cereals containing gluten, wheat, eggs

### Chicken nuggets with wedges

Cereals containing gluten, wheat

### Vegetable fingers with wedges

Cereals containing gluten, wheat

### Jacket Potato with Beans OR ham sandwich

Cereals containing gluten, wheat

For

dessert....

**Blueberry muffins**

Cereals containing gluten, wheat, milk

### Chicken Fillet with roast potatoes and gravy

### Quorn pieces with roast potatoes and gravy

Eggs

### Jacket Potato with Tuna

fish

For

dessert....

**Apple and Peach Crumble with Custard**

Cereals containing gluten, wheat, milk

### Mini Fish with Chips

Cereals containing gluten, wheat, fish

### Cheese and Beans wrap with Chips

Cereals containing gluten, wheat, milk

### Jacket Potato with Cheese

milk

For

dessert....

**Ice cream roll**

Cereals containing gluten, wheat, milk

**Daily Bread –**  
Cereals containing gluten, wheat, Soya beans

**Daily Yoghurt –** Milk

**\*We also offer a Gluten Free & Dairy Free menu**

Tuesday

### Creamy Chicken Curry

### Tomato & Vegetable Pasta

Cereals containing gluten, wheat

### Jacket Potato with Cheese

milk OR Cheese sandwich Cereals containing gluten, wheat, milk

For

dessert....

**Apple Flapjack**

Cereals containing gluten, wheat

Wednesday

### Sausage roll with garlic potatoes

Cereals containing gluten, wheat, milk, soya

### Vegetarian Sausage roll with garlic potatoes

Cereals containing gluten, wheat  
Jacket Potato with beans OR Ham sandwich Cereals containing gluten, wheat

For

dessert....

**Blueberry muffin**

Cereals containing gluten, wheat, milk

Thursday

### Shepherds Pie with gravy

Soya

### Cheese and Potato Pie

Milk

### Jacket Potato with Tuna

fish

For

dessert....

**Chocolate crunch cookies with mint custard**

Cereals containing gluten, wheat, milk

Friday

### Fish Fingers & Chips

Cereals containing gluten, wheat, fish

### Vegetable Fingers (Vegan)

Cereals containing gluten, wheat

### Jacket Potato with Cheese

milk

For

dessert....

**Jelly with fruit**