

Dyslexia



British Dyslexia Association

Dyslexia Action is a national charity and the UK's leading provider of services and support for people with dyslexia and literacy difficulties.

<http://www.bdadyslexia.org.uk/>



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Further Information

A list of useful website to support parents and families

<https://www.dyslexia-assist.org.uk/links/>

Autism



The National Autistic Society

Information on Autism

www.autism.org.uk/



Autism West Midlands

The leading charity in the West Midlands for people with autism.

<http://autismwestmidlands.org.uk/>

Autism Inclusion Team

[Staffordshire Connects | Autism Inclusion Team](#)

Children and Young Peoples Autism Service

Starting point for new referrals and information in Staffordshire.

[Children and Young People's Autism Service :: Midlands Partnership University NHS](#)

[Foundation Trust \(mpft.nhs.uk\)](http://mpft.nhs.uk)

Speech and Language



Stoke Speaks Out (Speech and language Therapists)

Stoke Speaks Out was set up to train and support parents, carers, practitioners and anyone in contact with families to make communication 'everyone's business'

[Speech and Language Therapy | Stoke Speaks Out | United Kingdom](#)

ADHD



The ADHD Foundation

The ADHD Foundation works in partnership with individuals, families, doctors, teachers and other agencies to improve emotional well being, educational attainment, behaviour and life chances through better understanding and self management of ADHD, ASD and related learning difficulties such as dyslexia, dyspraxia, Irlen's Syndrome, dyscalculia and Tourette's Syndrome.

<https://www.adhdfoundation.org.uk/>

Mental Health and Wellbeing



Action for Children

A Staffordshire service which parents and schools can make referrals for additional emotional support services.

<https://www.actionforchildren.org.uk/>



Young Minds

Young Minds – a national charity committed to improving the mental health of all children, advice about depression, eating disorders, and other mental health issues affecting children, see website for details.

www.youngminds.org.uk



A comprehensive source of information for young people, parents and professionals about the range of mental health difficulties and disorders that may be encountered during childhood and adolescence.

[CAMHS :: Midlands Partnership University NHS Foundation Trust \(mpft.nhs.uk\)](http://camhsmidlands.nhs.uk)

Healthy Lifestyles



Change 4 Life

Would you or your family like to be healthier and happier? Would you like loads of ideas, recipes and games to help you do this? Then you already know why you should join Change4Life.

[Change 4 Life](http://change4life.co.uk)

Parenting Support

NSPCC

NSPCC: Parenting Support

The NSPCC's Positive Parenting guide shares practical advice and tips for parenting techniques that work well for children of all ages – from babies to teenagers.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/>



Family Action

Our referral-based family support service offers early help to families to prevent issues from escalating and, equips your family with the skills they need to achieve and sustain positive outcomes. Support workers carry out targeted outreach visits, focusing on families with young children who might benefit from information, advice, guidance and signposting into what already exists in your area.

<https://www.family-action.org.uk/what-we-do/children-families/staffordshire-family-support-and-outreach-service/>