



God is love, so we: Learn to Love; Love to Learn; Learn for Life



This half-term's value is: Friendship

'Encourage one another and build each other up'

1 Thessalonians 5.11

Thursday 23rd May

Dear parents

This week

Firstly, well done to our year 3/4 and year 5/6 football teams who attended the MAT football tournament on Monday. Both teams worked hard during the matches, representing the school well and demonstrating their values. We didn't win but are proud of our children and the skills they demonstrated.

We are also proud of our reception children who spoke so well about their learning during their class assembly. Thank you very much to the parents who came and supported them and shared in their amazing work afterwards.

I would like to say a huge thank you to the PTFA for their fundraising efforts. This week we have seen the benefits of this in the smiles of our children as they have begun to use the new outdoor trim trail.



Worship

This week we have continued to focus on listening and the worship team today will be thinking about The Holy Trinity with the children.

Award Winners

Well done to the children who were awarded 'Star of the Week' for their year groups:

James (Rec), Aria (Year 1), Olivia (Year 2), Thomas (Year 3), Lottie (Year 4), Kinzah (Year 5) and Isla (Year 6).

Well done to **Rose and Teddy (Rec) and the whole of Year 6** for gaining a 'Headteachers Award' for friendship.

Well done to our most valuable players: **Clarke, Matthew (Year 2) and Lotty (Year 6).**



Well done to our most improved players: **Aria, Gracie, and Joshua (Year 1).**

Focus on Attendance



Last week's attendance rose to 97.5%

A special well done to Mrs Chalkley's class whose attendance was 99.5%.

Next Term

Dates for the next half-term are now available towards the end of this newsletter.





God is love, so we: Learn to Love; Love to Learn; Learn for Life

Fathers' Day breakfasts

On Monday we shared on Class Dojo details for this year's Fathers' Day breakfasts. If you are still to book, the links are below:

KS1 - Wednesday 12th June

<https://forms.office.com/e/Jyg7n5TYmf>

KS2 – Thursday 13th June

<https://forms.office.com/e/NhgsEVB7Ey>

Payments should be made on ParentPay. We hope that you are able to join us.

Friendships

As we have been focusing on Friendships this half-term, I thought I would share this week's 'Wake Up Wednesday' poster which focuses on how we can help children develop healthy friendships. It can be found at the end of the newsletter.

Week commencing 3.6.24

Monday 3 rd
INSET Day – school closed to children
Tuesday 4 th
<ul style="list-style-type: none"> Keyboard lessons <i>Led by Mrs Eccles (pm)</i> Forest School Lessons – Yr 5/6 GROUP 1 <i>Run by Miss Lilley (pm)</i> Forest School Club – Reception <i>3:20pm – 4:30pm run by Miss Lilley</i>
Wednesday 5 th
<ul style="list-style-type: none"> Severn Trent Assembly <i>Children only</i> Guitar/Vocal lessons <i>Led by Mr Moon (am)</i>
Thursday 6 th
<ul style="list-style-type: none"> Violin lessons <i>Led by Ms Hayes (pm)</i>
Friday 7 th
<ul style="list-style-type: none"> PTFA Non-uniform Day <i>Details to follow</i>

Wishing you all a happy half-term

Alison De Ste Croix, Headteacher

Next Half-Term

DIARY DATES 2023/2024	
Summer Term 2 2024	
June	
Mon 3 rd	INSET DAY – School Closed
Wed 5 th	Severn Trent assembly and Y5/6 workshop
Fri 7 th	PTFA Non-uniform Day <i>Please see Class Dojo</i>
Wed 12 th	Fathers' Day Breakfast - KS1 <i>See Class Dojo</i> Year 5/6 prayers in Church – 9:15am <i>Parents welcome</i>
Thu 13 th	Fathers' Day Breakfast – KS2 <i>See Class Dojo</i>
Fri 14 th	PTFA – Daddys' day pop up shop. And Daddy donuts <i>See Class Dojo and PTFA Scoop</i>
Mon 17 th	Design and Technology Week
Tues 18 th	Choral Day for KS2 choir members <i>Letters sent home</i>
Wed 19 th	Dogs Trust Workshop
Sat 22 nd	PTFA Summer Fair - afternoon <i>Details to follow</i>
Wed 26 th	Year 1/2 Assembly – 9:15 <i>Year 1/2 parents welcome</i>
July	
Tues 2 nd	Reception class trip <i>Details to follow</i>
Wed 3 rd	Year 3 prayers in Church – 9:15am <i>Parents welcome</i> Move up day 1
Fri 5 th	Sports Morning – am <i>Parents welcome - Details to follow</i>
Wed 10 th	Move up day 2 Year 1/2 prayers in Church – 9:15am <i>Parents welcome</i>
Thu 11 th	Year 5/6 Production <i>2:15pm</i>
Fri 12 th	Year 5/6 Production <i>2:15pm</i>
Tues 16 th	Year 6 Leavers outing <i>Letters sent</i>
Fri 19 th	Year 6 Leavers celebration – 9:15am <i>Details to follow</i>





God is love, so we: Learn to Love; Love to Learn; Learn for Life

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

7 TEACH EMPATHY

'Healthy friendships' doesn't always mean 'perfect'. Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship, to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

10 SPOT THE SIGNS

We can't always supervise young people: sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



#WakeUpWednesday

The National College®

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 22.05.2024

